



**SIMPLY FORMULATED
TO DELIVER MORE.**

CORTISOL BENEFITS™

Supporting healthy cortisol levels has emerged as an essential strategy for supporting adrenal function. The formulation strategy associated with this product is one of identifying the most effective compounds to provide the necessary degree of support for cortisol balance and include the most clinically relevant dose of those ingredients.

About the Ingredients:

Sensoril® Ashwagandha (Withania somnifera), Root & Leaf Extract:

Sensoril® supports stress reduction, energy, mental acuity and concentration. It also helps to promote restful sleep. It is known as an adaptogen, a substance considered to help the body adapt to stress, and has been used in multiple clinical trials. This formula's high concentration of Sensoril® makes it the ideal choice for adaptogenic support.*

ETAS™ (Proprietary extract of Asparagus officinalis):

ETAS™ is a proprietary ingredient derived from the tough lower portion of asparagus stalks. It supports our body's ability to increase production of HSP70, a protein with varied functions, including the ability to support cell integrity, excitatory/inhibitory cytokine balance, and oxidative balance.*

Double-blind, placebo-controlled research has shown that ETAS(TM) effectively supports sleep quality¹ and cognitive performance², as well as healthy heart rate variability, which can be directly tied to cortisol levels³.* It also supports a healthy stress response⁴.*

Rhodiola rosea Root Extract (standardized to 3% rosavins and 1% salidroside):

Rhodiola rosea Root Extract provides support for a variety of mechanisms that involve the stress response.* It interacts with the HPA system, which supports the production and secretion of cortisol, protein kinases p-JNK, nitric oxide, and defense mechanism proteins such as heat shock protein HSP70.*

Magnolia officinalis Bark Extract helps support normal levels of the cortisol and DHEA hormones produced by the body, thereby promoting stress management.* It works by binding to stress receptors in the nervous system to promote relaxation and feelings of well being.* Importantly, it ignores receptors associated with sedation.*

SUPPLEMENT FACTS

Serving Size 2 Capsules

Servings Per Container 30

Sensoril® Ashwagandha (Withania somnifera)	
Root and Leaf Extract	250 mg
ETAS™ (proprietary extract of Asparagus officinalis)	200 mg
Rhodiola rosea Root Extract	
(std. to 3% rosavins and 1% salidroside)	150 mg
Magnolia officinalis Bark Extract	100 mg

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If hypoglycemic, diabetic, pregnant or nursing, consult your healthcare practitioner before taking this product.

Caution: Discontinue use 2 weeks prior to surgery.

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.



Sensoril® is a trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 and 7,318,938.



ETAS™ is a trademark of Amino Up.

1. Unpublished study. Hokkaido Information University, Ebetsu, Japan
2. Unpublished study. Teikyo Heisei University, Tokyo, Japan.
3. Unpublished study. Teikyo Heisei University, Tokyo, Japan.
4. Ogasawara J, et al. Nat Prod Commun. 2014; in press.

Sold Exclusively Through Healthcare Practitioners.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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