



TRANSFORMATION

Enzyme Nutrition

DIGESTIVE SYSTEM HEALTH

The digestive system is responsible for receiving and digesting food and then excreting waste. This system includes not only the stomach, small intestine and large intestine, which move and absorb food, but also associated organs such as the pancreas, liver, and gallbladder, which produce digestive enzymes, remove toxins, and store substances necessary for digestion. The health of this system is critical, as its primary function is to break down foods and make nutrients available to the cell for optimal function, energy production, repair, and reproduction of that cell. The health of our cells will ultimately be reflected in the overall health of our tissues, organs, systems, and the whole body.

- A digestive enzyme formula with meals will help ensure proper assimilation and bio-availability of all nutrients supporting cellular health, function, and repair.* Complete digestion also minimizes food intolerances and supports a healthy immune system.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*
- A protease formula between meals will help promote optimal blood flow and efficient detoxification as well as help manage inflammation, supporting the overall health of all systems of the body.*

TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	1 cap	2 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
PUREZYME	2 caps	2 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

We have additional support formulas that include cellular nutrition, detoxification, and further digestive support.* Please see our catalog for synergistic formulas in the Digestive System.

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